

Kenilworth Masters SC

Assessment Date:		RISK ASSESSMENT										Assessor's Name:	
4th December 2025		Kenilworth Masters Swimming Club										William Whittaker	
Risk =	Likelihood	X	Consequence								X		
1	Almost Impossible	1	No human injury expected.								1	10	
2	Very Improbably	2	Minor injury with no lost time and complete recovery.								2	20	
3	Improbable	3	Absent from work for less than 7 days with complete recovery.								3	30	
4	Less Than Even Chance	4	Absent from work for over 7 days but less 3 weeks with subsequent complete recovery.								4	40	
5	Even Chance	5	Absent from work for more than 3 weeks with subsequent complete recovery.								5	50	
6	More Than Even Chance	6	Absent from work for more than 3 weeks with subsequent recurring incapacity.								6	60	
7	Probable	7	Permanent slight incapacity.								7	70	
8	Very Likely	8	Permanent severe incapacity.								8	80	
9	Almost Certain	9	Permanent total incapacity.								9	90	
10	Inevitable	10	Death.								10	100	

Persons at Risk:	Applicable?	<input checked="" type="checkbox"/> Employees	<input checked="" type="checkbox"/> Visitors	<input type="checkbox"/> Contractors	<input checked="" type="checkbox"/> Public	<input type="checkbox"/> Cleaners	<input checked="" type="checkbox"/> Young Persons	<input checked="" type="checkbox"/> Trespassers	<input type="checkbox"/> Expectant Mother	<input type="checkbox"/> Clients	<input checked="" type="checkbox"/> Other
	Notes										Members

Hazard	Consequence	Required Controls	Likelihood	Consequence	Residual Risk Rating
Moving cars on adjacent roads and car park	Serious injury through impact injury	<ul style="list-style-type: none"> Use walkways and crossings provided Swimmers responsibility 	2	10	20
Heart attack, epileptic fit or similar personal injury whilst swimming	Death, Drowning as a secondary consequence or major injury	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions Lifeguard attends all sessions provided by hired venue. Hired Venue emergency procedures. Health issues confirmed by members when joining and during annual renewal. 	2	10	20
Diabetic, acute asthma or similar mild personal condition while swimming	Minor Injury or attack as a result of the personal condition	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions Lifeguard attends all sessions provided by hired venue. Hired Venue emergency procedures. Health issues confirmed by members when joining and during annual renewal. 	3	6	18
Short term health issues. <ul style="list-style-type: none"> Muscle aches Cramp Colds/Flu. Allergies Dehydration 	Muscle injury/asthma attack or similar.	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Hired Venue emergency procedures. Encourage all swimmers to manage injury appropriately for them. Encourage members to bring drink bottles to training. 	4	4	16
Slippery or defective floors in hired venue	Slip, trip and fall resulting in broken bone	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	4	6	24
Defective cubicles/changing area	Cuts and abrasions	<ul style="list-style-type: none"> Report all identified hazards to the hire venue through coach/committee members. 	3	2	6
Shoes and bags left on floor/poolside blocking walk way and/or fire exit	Restricted emergency exits. Minor Injury from slip trip and fall	<ul style="list-style-type: none"> Designated areas for bags away from walkways and fire exits. Report all identified hazards to the hire venue through coach/committee members. Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. 	4	4	16
Legionella.	Legionnaire's disease caused by inhalation of small droplets of contaminated water. Headache, Muscle pain, Chills, Fever, Respiratory failure, Septic shock, Acute kidney failure, Left untreated it can be fatal	<ul style="list-style-type: none"> Hired venue responsible for Legionella bacteria assessment by competent body and review periodically. Hired venue responsible daily/weekly checks to run water system to flush out. Hired venue responsible to ensure frequent cleaning and decontamination of water dispersal outlets; such as taps. 	2	7	14

Kenilworth Masters SC

Diving into shallow water	Banging head/body on bottom of pool	<ul style="list-style-type: none"> Water depth signage. Competent Swimmers. Trained Lifeguard attends all sessions provided by hired venue. All Swim England affiliated clubs must ensure that all dive entries are into at least 1.35m of water. No diving into any pools used by KMSC in the shallow end. 	3	3	9
Chemicals in the pool - Excess Chlorine in Pool	Breathing problems. Irritation of the eye. Skin irritation.	<ul style="list-style-type: none"> Hired venue responsible for regular testing and checking chlorine levels. Trained Lifeguard attends all sessions provided by hired venue. Ventilation to poolside by opening of fire exit doors. Swim England qualified coach poolside at all sessions. 	3	4	12
Poor ventilation in the pool	Breathing problems. Irritation of the eye. Skin irritation.	<ul style="list-style-type: none"> Trained Lifeguard attends all sessions provided by hired venue. Ventilation to poolside by opening of fire exit doors. Swim England qualified coach poolside at all sessions. 	3	4	12
Swimming aids left around Pool	Minor Injury from slip trip and fall	<ul style="list-style-type: none"> Private swim sessions so no public on poolside Items kept close to pool edge 	5	4	20
Swimmers entering pool area before Coaches, Helpers and lifeguards are in-situ.	Swimmers may enter or fall into water unsupervised. Drowning.	<ul style="list-style-type: none"> No Swimmers to enter poolside area before Coaches and Life Guards are in position. 	2	10	20
No backstroke flags in place.	Cuts, abrasions and/or bruising. Backstroke swimmers hitting head or hands hard on wall at turns or finishes.	<ul style="list-style-type: none"> Hired venue provide flags and lane ropes ready for the start of the sessions. Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	2	2	4
Broken/defective pool handrails	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	5	2	10
Misjudging tumble turns and hitting feet on handrail	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	3	2	6
Pool steps / Access left in pool	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Steps removed from pool by hire venue staff prior to session commencing Report all identified hazards to the hire venue through coach/committee members. 	3	2	6
Under 18's attending training	Welfare incident	<ul style="list-style-type: none"> Welfare Officer Club Policies Swim England Wavepower: safeguarding policy and procedures All coaches have DBS annual checks 	3	8	24
Starting blocks-unstable or too high-causing over-deep dive – hitting head/hands on pool floor	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Blocks are regularly inspected and checked by hire venue management. Where starting blocks are deemed dangerous by the coach they are taken out of action. Report all identified hazards to the hire venue through coach/committee members. 	2	2	4
Running on poolside	Slip, trip and fall resulting in broken bone	<ul style="list-style-type: none"> No running signs Enforcement of no running by coach and lifeguard. 	2	5	10
Unclean changing areas, floors, showers and swimming pool	Poor hygiene. Bacterial infection. Short term illness	<ul style="list-style-type: none"> Inspections by hire venue management on regular basis. Cleaning regime by hire venue management/staff on regular basis. 	4	2	8

Kenilworth Masters SC

Food on poolside	Poor hygiene. Bacterial infection.	<ul style="list-style-type: none"> Coach to ensure no food is brought on to pool side. Drink bottles only pool side. 	4	2	8
Abusive/ violent Swimmers	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Welfare Officer Report any incidents to the coach/committee members. 	2	2	4
Poor Level and Quality of Lifesaving for sessions	Missed swimmer in distress leading to potential delayed help and first aid.	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Swimmers to keep within lane ropes, and swim as directed by coach. 	1	6	6
Exposure of individuals in the changing rooms/showers	Welfare incident. Vulnerable Person Incident. Violation of personal standards.	<ul style="list-style-type: none"> No removal of swimming costumes in the showers. Welfare Officer Club Policies Swim England Wavepower: safeguarding policy and procedures Report any incidents to the hire venue through coach/committee members. 	2	1	2
Coach not to a suitable level of qualification	Qualified Coach not on poolside. Coaching programme not adequate.	<ul style="list-style-type: none"> Level 2 Swim England qualified coach to be poolside for all training. 	2	2	4
Training outside the normal programmed activity e.g. free swim session	Swimmers not coached Coaching programme not adequate	<ul style="list-style-type: none"> Level 2 Swim England qualified coach to be poolside for all training. No training conducted outside the normal programmed activity 	2	2	4
Qualified coach unavailable/on holiday	Qualified Coach not on poolside. Training not adequate level.	<ul style="list-style-type: none"> Level 2 Swim England qualified coach to provide cover and agree training program with the other coach they are covering for. 	2	2	4
Coach taking sessions from the water whilst participating in training themselves	Qualified Coach not on poolside. Training not adequate level.	<ul style="list-style-type: none"> Level 2 Poolside coach to be provided for all sessions ongoing. 	2	2	4
Vulnerable adults attending training or other club activities	Vulnerable Person Incident.	<ul style="list-style-type: none"> Welfare Officer Report any incidents to the hire venue through coach/committee members. 	1	10	10
Social Events	Poor planning results in an injury or worse for a club and/or family member	<ul style="list-style-type: none"> Event specific risk assessment to be conducted where the club organises an event 	3	10	30
Swimming Events - club responsible for club members when competition for the club.	Injury or ill health to a club member representing the club. Welfare incident. Vulnerable Person Incident. Violation of personal standards.	<ul style="list-style-type: none"> All club members representing the club are responsible for the transport to and from the venue. Welfare Officer Club Policies Swim England Wavepower: safeguarding policy and procedures When representing the club at an event, this is done inline with Swim England and FINA Standards. Annual health questionnaires are completed at renewal of membership. Membership to the club and Swim England are required. 	1	10	10

The risk assessment is compiled by calculating the likelihood and consequence of the hazard being a risk to those outlined by scoring each element out of 10.	Key:	60 or more High Risk Do Not Proceed Without Taking Immediate Action	40 - 59 Medium Risk Action Within Set Timescales	20 - 39 Medium Risk Continue to Monitor and Review at Next Review Date	Below 20 Low Risk No Immediate Action Required
---------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------	----------------------------------------------------------------------------------------	-----------------------------------------------------------------	-------------------------------------------------------------------------------------------	-------------------------------------------------------------------

Task Specific PPE Required:	Applicable?										Other (Please Specify):
	BS EN	<input type="checkbox"/> Ear Protection BS EN 352:2002	<input type="checkbox"/> Eye Protection BS EN166 – 3F	<input type="checkbox"/> Head Protection BS EN397:1995	<input type="checkbox"/> Hand Protection BS EN 388: 3121	<input type="checkbox"/> Foot Protection BS EN ISO 20345:2011 SB	<input type="checkbox"/> Hi-Vis Clothing BS EN471: 2003	<input type="checkbox"/> Face Shield BS EN 175:1997	<input type="checkbox"/> Face Mask BS EN 149:2001	<input type="checkbox"/> Safety Harness BS EN 361:2002	

Additional Controls:

Time Frame:

Responsible Person:

--	--

Environmental Hazards and Controls:

Comments/Observations:

Review Date: Dec-26	<i>In addition to written risk assessments, we should all be encouraged and have confidence to conduct point of work risk assessments - STOP and think 'Am I safe doing this?'. If at any stage you identify work is not safe to proceed, stop work immediately and do not proceed unless confirmed as safe to do so.</i>	WA Management www.wamanagement.co.uk
-------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------