

Kenilworth Masters SC

Assessment Date:		RISK ASSESSMENT							Assessor's Name:																																																																																																																										
7th Jan 2023		Kenilworth Masters Swimming Club							William Whittaker																																																																																																																										
Risk =	Likelihood	X	Consequence																																																																																																																																
1	Almost Impossible	1	No human injury expected.																																																																																																																																
2	Very Improbably	2	Minor injury with no lost time and complete recovery.																																																																																																																																
3	Improbable	3	Absent from work for less than 7 days with complete recovery.																																																																																																																																
4	Less Than Even Chance	4	Absent from work for over 7 days but less 3 weeks with subsequent complete recovery.																																																																																																																																
5	Even Chance	5	Absent from work for more than 3 weeks with subsequent complete recovery.																																																																																																																																
6	More Than Even Chance	6	Absent from work for more than 3 weeks with subsequent recurring incapacity.																																																																																																																																
7	Probable	7	Permanent slight incapacity.																																																																																																																																
8	Very Likely	8	Permanent severe incapacity.																																																																																																																																
9	Almost Certain	9	Permanent total incapacity.																																																																																																																																
10	Inevitable	10	Death.																																																																																																																																
Persons at Risk:		<input type="checkbox"/> Employees <input type="checkbox"/> Visitors <input type="checkbox"/> Contractors <input type="checkbox"/> Public <input type="checkbox"/> Cleaners <input type="checkbox"/> Young Persons <input type="checkbox"/> Trespassers <input type="checkbox"/> Expectant Mother	<input type="checkbox"/> Clients <input type="checkbox"/> Other Members	<table border="1"> <tr> <th>X</th> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> <th>6</th> <th>7</th> <th>8</th> <th>9</th> <th>10</th> </tr> <tr> <td>1</td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>2</td> <td>2</td> <td>4</td> <td>6</td> <td>8</td> <td>10</td> <td>12</td> <td>14</td> <td>16</td> <td>18</td> <td>20</td> </tr> <tr> <td>3</td> <td>3</td> <td>6</td> <td>9</td> <td>12</td> <td>15</td> <td>18</td> <td>21</td> <td>24</td> <td>27</td> <td>30</td> </tr> <tr> <td>4</td> <td>4</td> <td>8</td> <td>12</td> <td>16</td> <td>20</td> <td>24</td> <td>28</td> <td>32</td> <td>36</td> <td>40</td> </tr> <tr> <td>5</td> <td>5</td> <td>10</td> <td>15</td> <td>20</td> <td>25</td> <td>30</td> <td>35</td> <td>40</td> <td>45</td> <td>50</td> </tr> <tr> <td>6</td> <td>6</td> <td>12</td> <td>18</td> <td>24</td> <td>30</td> <td>36</td> <td>42</td> <td>48</td> <td>54</td> <td>60</td> </tr> <tr> <td>7</td> <td>7</td> <td>14</td> <td>21</td> <td>28</td> <td>35</td> <td>42</td> <td>49</td> <td>56</td> <td>63</td> <td>70</td> </tr> <tr> <td>8</td> <td>8</td> <td>16</td> <td>24</td> <td>32</td> <td>40</td> <td>48</td> <td>56</td> <td>64</td> <td>72</td> <td>80</td> </tr> <tr> <td>9</td> <td>9</td> <td>18</td> <td>27</td> <td>36</td> <td>45</td> <td>54</td> <td>63</td> <td>72</td> <td>81</td> <td>90</td> </tr> <tr> <td>10</td> <td>10</td> <td>20</td> <td>30</td> <td>40</td> <td>50</td> <td>60</td> <td>70</td> <td>80</td> <td>90</td> <td>100</td> </tr> </table>							X	1	2	3	4	5	6	7	8	9	10	1	1	2	3	4	5	6	7	8	9	10	2	2	4	6	8	10	12	14	16	18	20	3	3	6	9	12	15	18	21	24	27	30	4	4	8	12	16	20	24	28	32	36	40	5	5	10	15	20	25	30	35	40	45	50	6	6	12	18	24	30	36	42	48	54	60	7	7	14	21	28	35	42	49	56	63	70	8	8	16	24	32	40	48	56	64	72	80	9	9	18	27	36	45	54	63	72	81	90	10	10	20	30	40	50	60	70	80	90	100
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Hazard	Consequence	Required Controls	Likelihood	Consequence	Residual Risk Rating																																																																																																																														
Moving cars on adjacent roads and car park	Serious injury through impact injury	<ul style="list-style-type: none"> Use walkways and crossings provided Swimmers responsibility 	2	10	20																																																																																																																														
Heart attack, epileptic fit or similar personal injury whilst swimming	Death, Drowning as a secondary consequence or major injury	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions Lifeguard attends all sessions provided by hired venue. Hired Venue emergency procedures. Health issues confirmed by members when joining and during annual renewal. 	2	10	20																																																																																																																														
Diabetic, acute asthma or similar mild personal condition while swimming	Minor Injury or attack as a result of the personal condition	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions Lifeguard attends all sessions provided by hired venue. Hired Venue emergency procedures. Health issues confirmed by members when joining and during annual renewal. 	3	6	18																																																																																																																														
Short term health issues. <ul style="list-style-type: none"> Muscle aches Cramp Colds/Flu. Allergies Dehydration 	Muscle injury/asthma attack or similar.	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Hired Venue emergency procedures. Encourage all swimmers to manage injury appropriately for them. Encourage members to bring drink bottles to training. 	4	4	16																																																																																																																														
Slippery or defective floors in hired venue	Slip, trip and fall resulting in broken bone	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	4	6	24																																																																																																																														
Defective cubicles/changing area	Cuts and abrasions	<ul style="list-style-type: none"> Report all identified hazards to the hire venue through coach/committee members. 	3	2	6																																																																																																																														
Shoes and bags left on floor/poolside blocking walk way and/or fire exit	Restricted emergency exits. Minor Injury from slip trip and fall	<ul style="list-style-type: none"> Designated areas for bags away from walkways and fire exits. Report all identified hazards to the hire venue through coach/committee members. Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. 	4	4	16																																																																																																																														










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Legionella.	Legionnaire's disease caused by inhalation of small droplets of contaminated water. Headache, Muscle pain, Chills, Fever, Respiratory failure, Septic shock, Acute kidney failure, Left untreated it can be fatal	<ul style="list-style-type: none"> Hired venue responsible for Legionella bacteria assessment by competent body and review periodically. Hired venue responsible daily/weekly checks to run water system to flush out. Hired venue responsible to ensure frequent cleaning and decontamination of water dispersal outlets; such as taps. 	2	7	14
Diving into shallow water	Banging head/body on bottom of pool	<ul style="list-style-type: none"> Water depth signage. Competent Swimmers. Trained Lifeguard attends all sessions provided by hired venue. From 1 January to 31 August 2023 that: <ul style="list-style-type: none"> No dives will be permitted from poolside into water which has a depth of less than 1 metre. If the water is between 1 metre and 1.2 metres, a poolside dive will be permitted providing it is not from 0.4 metres above the surface. Dives into depths between 1.2 metres and 1.35 metres are allowed from the poolside or a starting block, as long it is not more than 0.75 metres above the water. From 1 September 2023, all Swim England affiliated clubs will be required to ensure that all dive entries are into at least 1.35m of water. 	3	3	9
Chemicals in the pool - Excess Chlorine in Pool	Breathing problems. Irritation of the eye. Skin irritation.	<ul style="list-style-type: none"> Hired venue responsible for regular testing and checking chlorine levels. Trained Lifeguard attends all sessions provided by hired venue. Ventilation to poolside by opening of fire exit doors. Swim England qualified coach poolside at all sessions. 	3	4	12
Poor ventilation in the pool	Breathing problems. Irritation of the eye. Skin irritation.	<ul style="list-style-type: none"> Trained Lifeguard attends all sessions provided by hired venue. Ventilation to poolside by opening of fire exit doors. Swim England qualified coach poolside at all sessions. 	3	4	12
Swimming aids left around Pool	Minor Injury from slip trip and fall	<ul style="list-style-type: none"> Private swim sessions so no public on poolside Items kept close to pool edge 	5	4	20
Swimmers entering pool area before Coaches, Helpers and lifeguards are in-situ.	Swimmers may enter or fall into water unsupervised. Drowning.	<ul style="list-style-type: none"> No Swimmers to enter poolside area before Coaches and Life Guards are in position. 	2	10	20
No backstroke flags in place. Backstroke swimmers hitting head or hands hard on wall at turns or finishes.	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Hired venue provide flags and lane ropes ready for the start of the sessions. Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	2	2	4
Broken/defective pool handrails	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	5	2	10
Misjudging tumble turns and hitting feet on handrail	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Trained Lifeguard attends all sessions provided by hired venue. Report all identified hazards to the hire venue through coach/committee members. 	3	2	6

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Pool steps / Access left in pool	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Steps removed from pool by hire venue staff prior to session commencing Report all identified hazards to the hire venue through coach/committee members. 	3	2	6
Under 18's attending training	Child protection incident	<ul style="list-style-type: none"> Child Protection Policy & officer in place No under 18's swim with at the club without parents present at training. All coaches have DBS annual checks 	3	10	30
Starting blocks-unstable or too high-causing over-deep dive – hitting head/hands on pool floor	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Blocks are regularly inspected and checked by hire venue management. Where starting blocks are deemed dangerous by the coach they are taken out of action. Report all identified hazards to the hire venue through coach/committee members. 	2	2	4
Running on poolside	Slip, trip and fall resulting in broken bone	<ul style="list-style-type: none"> No running signs Enforcement of no running by coach and lifeguard. 	2	5	10
Unclean changing areas, floors, showers and swimming pool	Poor hygiene. Bacterial infection. Short term illness	<ul style="list-style-type: none"> Inspections by hire venue management on regular basis. Cleaning regime by hire venue management/staff on regular basis. 	4	2	8
Food on poolside	Poor hygiene. Bacterial infection.	<ul style="list-style-type: none"> Coach to ensure no food is brought on to pool side. Drink bottles only pool side. 	4	2	8
Abusive/ violent Swimmers	Cuts, abrasions and/or bruising	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Welfare Officer Report any incidents to the coach/committee members. 	2	2	4
Poor Level and Quality of Lifesaving for sessions	Missed swimmer in distress leading to potential delayed help and first aid.	<ul style="list-style-type: none"> Swim England qualified coach poolside at all sessions. Swimmers to keep within lane ropes, and swim as directed by coach. 	1	6	6
Exposure of individuals in the changing rooms/showers	Child protection incident. Vulnerable Person Incident. Violation of personal standards.	<ul style="list-style-type: none"> No removal of swimming costumes in the showers. Welfare Officer Report any incidents to the hire venue through coach/committee members. 	2	1	2
Coach not to a suitable level of qualification	Qualified Coach not on poolside. Coaching programme not adequate.	<ul style="list-style-type: none"> Level 2 Swim England qualified coach to be poolside for all training. 	2	2	4
Training outside the normal programmed activity e.g. free swim session	Swimmers not coached Coaching programme not adequate	<ul style="list-style-type: none"> Level 2 Swim England qualified coach to be poolside for all training. No training conducted outside the normal programmed activity 	2	2	4
Qualified coach unavailable/on holiday	Qualified Coach not on poolside. Training not adequate level.	<ul style="list-style-type: none"> Level 2 Swim England qualified coach to provide cover and agree training program with the other coach they are covering for. 	2	2	4
Coach taking sessions from the water whilst participating in training themselves	Qualified Coach not on poolside. Training not adequate level.	<ul style="list-style-type: none"> Level 2 Poolside coach to be provided for all sessions ongoing. 	2	2	4
Vulnerable adults attending training or other club activities	Vulnerable Person Incident.	<ul style="list-style-type: none"> Welfare Officer Report any incidents to the hire venue through coach/committee members. 	1	10	10
Social Events	Poor planning results in an injury or worse for a club and/or family member	<ul style="list-style-type: none"> Event specific risk assessment to be conducted where the club organises an event 	3	10	30
Swimming Events - club responsible for club members when competition for the club.	Injury or ill health to a club member representing the club. Child protection incident. Vulnerable Person Incident. Violation of personal standards.	<ul style="list-style-type: none"> All club members representing the club are responsible for the transport to and from the venue. When representing the club at an event, this is done inline with Swim England and FINA Standards. Annual health questionnaires are completed at renewal of membership. Membership to the club and Swim England are required. 	1	10	10

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The risk assessment is compiled by calculating the likelihood and consequence of the hazard being a risk to those outlined by scoring each element out of 10.		Key:		60 or more High Risk Do Not Proceed Without Taking Immediate Action	40 - 59 Medium Risk Action Within Set Timescales	20 - 39 Medium Risk Continue to Monitor and Review at Next Review Date	Below 20 Low Risk No Immediate Action Required				
Task Specific PPE Required:	Applicable?										Other (Please Specify):
	BS EN	BS EN 352:2002	BS EN166 – 3F	BS EN397:1995	BS EN 388: 3121	BS EN ISO 20345:2011 SB	BS EN471: 2003	BS EN 175:1997	BS EN 149:2001	BS EN 361:2002	
Additional Controls:				Time Frame:				Responsible Person:			
Environmental Hazards and Controls:											
Comments/Observations:											
Review Date: Jan-24		<i>In addition to written risk assessments, we should all be encouraged and have confidence to conduct point of work risk assessments - STOP and think 'Am I safe doing this?'. If at any stage you identify work is not safe to proceed, stop work immediately and do not proceed unless confirmed as safe to do so.</i>							WA Management www.wamanagement.co.uk		