

# Covid-19 Risk Assessment



The following is a risk assessment of the key activities Kenilworth Masters has considered to allow us to come out of the current lockdown and swim in a controlled environment.

## All members must note the following:

- All members are responsible for their own actions.
- Attending club organised swimming sessions is the members decision and done so at their own risk.
- It is the clubs collective overriding goal to keep you safe and protect those others around you including swimming pool staff and other members.
- At all times, the Government and Swim England requirements/advice is to be adhered to or sought.

This document has been reviewed in line with government restrictions and advice at the time of publication/

**Please contact the committee with any questions or feedback**

Each risk is scored on Likelihood and Consequence to get a score using the following table:

Likelihood	Consequence
1- Rare	1 - Insignificant
2 – Unlikely	2 - Minor
3 – Possible	3 – Moderate
4 - Likely	4 - Major
5 – Almost Certain	5 - Catastrophic

The Risk is the Likelihood X Consequence = Risk level

Risk Score	Risk Level
0-5	Low (L)
5-14	Medium (M)
15 +	High (H)

## References:

- Measures and controls adopted taken from
  - <https://www.swimming.org/swimengland/pool-return-guidance-documents/>
  - <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities>
- Sanitiser provided in the workplace must be BS EN 1500.
- Soap provided in the workplace must be BS EN 1499.



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Name of Club:	Kenilworth Masters Swimming Club				
Date risk assessment carried out:	2 <sup>nd</sup> October 2021	Person:	William Whittaker	Review date:	Jan 2022
Those who are considered during the risk assessment:	Athletes, Members, Parents, Guardians, Coaches, Volunteers, Public, Pool Operator Staff and lifeguards. Members demographic is of an average age above 40-50.				

Member Activity/Area	Hazard	Consequence	Likelihood (1-5)	Consequence (1-5)	Risk level before controls	Controls considered	Likelihood (1-5)	Consequence (1-5)	Risk level after controls
Planning to attend swimming session	<p>Someone with symptoms of COVID19 attends swimming training session</p> <p>Someone develops symptoms/becomes unwell during swimming training session</p> <p>Non vaccinated and high-risk individuals attending swimming sessions.</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Communicate key findings and processes to all members</p> <p>Completion of health confirmation statement before every training session when training is booked online and paid for through the club website.</p> <p>No one plans to attend or book swimming training if they are demonstrating Covid-19 symptoms. All staff/members/visitors and households to self-isolate and access test and trace if exhibiting any Covid-19 symptoms. Only on the result of a negative PCR test and/or after 10 days isolation can swimming training be attended.</p> <p>Details of who attended each session kept for 21 days in case of test and trace request from Public Health England.</p>	2	5	10 Medium



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						Recommendation that everyone who plans on attending swimming is double vaccinated.			
Traveling to swimming	Car sharing Use of public transport	Spread and Contracting Covid-19 Coronavirus	3	5	15 High	Preference to be given to walking, running, cycling and private vehicles to attend swimming training. Where this is not possible then public transport can be used. Vehicle sharing for transport to swim training is not recommended outside of the same household/bubble.	2	5	10 Medium
Carpark	Social interaction Social gatherings	Spread and Contracting Covid-19 Coronavirus	1	5	5 Low	No controls	1	5	5 Low
Facility entrance and reception area	Social interaction. Social gatherings Multiple touch points Indoors	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	Follow Pool Operator operating processes.  Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.  Masks are recommended to be worn inside the pool facilities and changing rooms.	2	5	10 Medium
Pay for swimming on arrival	Social interaction. Social gatherings Multiple touch points Indoors	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	Pre booking and payment online through club website. Pre booking limits swimmers that can attend to 6 people a lane e.g. 6 lane sessions have a maximum 36 swimmers per session.  Completion of health confirmation statement as each session is booked.	1	5	5 Low



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<p>Go to changing rooms – peak times 10-5min before swimming. Never more than 5/10 at a time. Maximum 36 swimmers per session.</p>	<p>Social interaction. Social gatherings Multiple touch points Humidity - Air circulation around the pool Indoors</p>	<p>Spread and Contracting Covid-19 Coronavirus</p>	<p>4</p>	<p>5</p>	<p>20 High</p>	<p>Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance. Changing areas are of high risk and with the use of showers a higher risk still. Changing rooms and shower facilities are not closed by operators, but all swimmers are encouraged to avoid or minimise use where possible (for example, by arriving in kit and showering at home) and to minimise the time they spend in the changing area.</p> <p>Arrive “beach ready” for swimming.</p> <p>Masks are recommended to be worn inside the pool facilities and changing rooms.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p>	<p>2</p>	<p>5</p>	<p>10 Medium</p>
<p>Changing into swim wear</p>	<p>Multiple touch points Humidity - Air circulation around the pool and changing rooms Indoors Use of cubicles</p>	<p>Spread and Contracting Covid-19 Coronavirus</p>	<p>4</p>	<p>5</p>	<p>20 High</p>	<p>Arrive “beach ready” for swimming. Go straight to poolside where possible. “Beach ready” is the removal of a towel robe, shorts, and T Shirt or similar.</p> <p>Changing can be done on the pool side. Use of changing rooms may be allowed under operator controls but it not encouraged so to minimise access to high risk areas.</p>	<p>2</p>	<p>5</p>	<p>10 Medium</p>



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Use toilet	Social interaction. Multiple touch points Humidity Indoors Use of cubicles	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	Follow Pool Operator operating processes.  It is encouraged to minimise use of toilets during training sessions.	2	5	10 Medium
Use lockers/leave clothes/bags in changing areas	Social interaction. Multiple touch points Humidity - Air circulation around the pool Indoors Use of lockers	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	No clothes/bags are to be left in the changing rooms.  Bags taken to the poolside.	1	5	5 Low
Leave changing rooms	Social interaction. Multiple touch points Humidity - Air circulation around the pool Indoors	Spread and Contracting Covid-19 Coronavirus	3	5	15 High	Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.	2	5	10 Medium
Pay again – queue	Social interaction. Social gatherings Multiple touch points Indoors Humidity	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	Pre booking and payment online through club website.	1	5	5 Low



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Pool side gathering/talking	<p>Social interaction</p> <p>Social gatherings</p> <p>Bags left on pool side in one location.</p> <p>Indoors</p> <p>Humidity - Air circulation around the pool</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Bags taken to poolside or use of lockers where required.</p> <p>Go to nominated training lane and ensure no more than 6 a lane on average.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p> <p>Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.</p>	2	5	10 Medium
Take bags/equipment/water bottles to end of lane	<p>Social interaction</p> <p>Multiple touch points</p> <p>Indoors</p> <p>Humidity - Air circulation around the pool</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Equipment/water bottles placed at the end of the lane/near start stop point.</p> <p>Equipment/water bottles must be named and clearly segregated from others.</p> <p>Equipment must not be shared.</p> <p>Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.</p>	2	5	10 Medium
Coach sets swimming session	<p>Loud talking/shouting</p> <p>Background noise</p>	Spread and Contracting Covid-19 Coronavirus	3	5	15 High	<p>Coach to be provided with face coverings if they wish.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p> <p>Coach ensures lanes are evenly spread of swimmers, so it is 6 a lane where possible. This includes</p>	1	5	5 Low



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						ensuring that the maximum booked swimmers are not exceeded.			
Swim – 6 lanes x 6 swimmers max 36 swimmers per session.	<p>Social interaction</p> <p>Social gatherings</p> <p>Swimming at different speeds in the lane results in catching/reduced social distancing.</p> <p>Indoors</p> <p>Humidity - Air circulation around the pool</p> <p>Breathing when passing each other in the lane</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Training reviewed weekly to find correct level of training for all abilities.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p> <p>Pool operator to ensure chlorine and air circulation meet Swim England and government guidance.</p> <p>Maximum number of 6 per lane on average and pre booking to prevent overcrowding.</p>	2	5	10 Medium
Stopping during swimming at the end of the lane for break/adjust goggles/drink/get equipment and getting out during or at the end of the swimming session for the toilet.	<p>Social interaction</p> <p>Multiple touch points</p> <p>Pick up and/or using someone else's drink bottle or equipment</p> <p>Use of cubicles</p> <p>Unable to exit the pool without steps</p> <p>Humidity - Air circulation around the</p>	Spread and Contracting Covid-19 Coronavirus	5	5	20 High	<p>Members should minimise stopping in the lane at any time other than at fixed start/finish points. Where someone must stop, they must do this at the end of the lane and quickly exit the pool.</p> <p>Equipment/water bottles must be named and clearly segregated from others when placed at the end of the lane.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p>	2	5	10 Medium



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	pool and changing rooms					Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.			
Collect bags/equipment/water bottles  Exit poolside for changing rooms maximum 36 swimmers	Social interaction Social gatherings  Bags left on pool side in one location.  Indoors  Humidity - Air circulation around the pool	Spread and Contracting Covid-19 Coronavirus	3	5	15 High	Bags collected from poolside.  Equipment/water bottles collected from the end of the lane.  Follow pool operator operating processes.  Coach and a committee member to be present at each training session to enforce club rules.	1	5	5 Low
Shower/queue for shower. Maximum 36 swimmers at once.	Social interaction Use of showers  Water spray  Multiple touch points  Increased humidity  Humidity - Air circulation poor in changing rooms.  Indoors  Use of cubicles	Spread and Contracting Covid-19 Coronavirus	5	5	25 High	Changing areas are of high risk and with the use of showers a higher risk still. Changing rooms and shower facilities are not closed by operators, but all swimmers are encouraged to avoid or minimise use where possible (for example, by arriving in kit and showering at home) and to minimise the time they spend in the changing area.  Coach and a committee member to be present at each training session to enforce club rules.  Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.	3	5	15 High
Use toilet	Social interaction	Spread and Contracting	4	5	20 High	Follow Pool Operator operating processes. Pool operator to ensure	3	5	15 High





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	<p>Difficult to comply with Social distancing of 2 metres</p> <p>Multiple touch points</p> <p>Humidity - Air circulation around the pool</p> <p>Indoors</p> <p>Use of cubicles</p>	Covid-19 Coronavirus				<p>air circulation meet Swim England and government guidance.</p> <p>Social distancing of 2 metres from all other persons outside the members households and/or bubble. 1m Plus only relevant if face coverings are worn by all parties and good hygiene practised.</p>			
Use lockers/obtain clothes/bags in changing areas	<p>Social interaction.</p> <p>Multiple touch points</p> <p>Humidity - Air circulation around the pool</p> <p>Indoors</p> <p>Use of lockers</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.</p> <p>No clothes/bags are to be left in the changing rooms.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p>	1	5	5 Low
Changing out of swim wear. Maximum 36 swimmers at once.	<p>Multiple touch points</p> <p>Humidity - Air circulation around the changing rooms</p> <p>Indoors</p> <p>Use of cubicles</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Changing areas are of high risk and with the use of showers a higher risk still.</p> <p>Changing rooms and shower facilities are not closed by operators, but all swimmers are encouraged to avoid or minimise use where possible (for example, by arriving in kit and showering at home) and to minimise the time they spend in the changing area.</p>	3	5	15 High



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						<p>Drying off and changing quickly encouraged. Follow Pool Operator operating processes in the use of the cubicles/changing rooms.</p> <p>Coach and a committee member to be present at each training session to enforce club rules.</p> <p>Follow Pool Operator operating processes. Pool operator to ensure air circulation meet Swim England and government guidance.</p>			
Collect remaining payments from those who arrived later. Swimmer walks around changing room.	<p>Social interaction.</p> <p>Multiple touch points</p> <p>Humidity</p> <p>Indoors</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	Pre booking and payment online through club website.	1	5	5 Low
Leave changing rooms	<p>Social interaction.</p> <p>Social gatherings</p> <p>Multiple touch points</p> <p>Indoors</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	<p>Follow Pool Operator operating processes.</p> <p>Masks are recommended to be worn inside the pool facilities and changing rooms.</p>	2	5	10 Medium
Exit building	<p>Social interaction.</p> <p>Social gatherings</p> <p>Multiple touch points</p> <p>Indoors</p>	Spread and Contracting Covid-19 Coronavirus	4	5	20 High	Follow Pool Operator operating processes.	2	5	10 Medium
Car park	Social interaction.	Spread and Contracting	2	5	10 Medium	No controls	1	5	5 Low



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	Social gatherings Multiple touch points	Covid-19 Coronavirus							
Travel Home (car sharing undertaken)	Car sharing Use of public transport	Spread and Contracting Covid-19 Coronavirus	3	5	15 High	Preference to be given to walking, running, cycling and private vehicles to attend swimming training. Where this is not possible then public transport can be used. Vehicle sharing for transport to swim training is not recommended outside of the same household/bubble.	2	5	10 Medium
Spectators/family watch swimming session.	Social gatherings Multiple touch points Indoors	Spread and Contracting Covid-19 Coronavirus	3	5	15 High	Follow Pool Operator operating processes.  Where spectators do attend it is recommended that masks are worn.	2	5	10 Medium